

PARISH STAFF

Rev. James M. G	ilassPastor
Eva Warner	Director of Religious Education
Aaron Hostetter.	Director of Youth Ministry
	Director of Music
Victor Ingram	Bookkeeper
Brad VanHorn	Office Manager
Gina Bordeaux	Community Service Coordinator
Lilly Miranda	Community Service Coordinator Hispanic Ministry Coordinator

THE HOLY SACRIFICE OF THE MASS

Tuesday, Thursda	ay, & Friday						8:30 am
Tuesday					6:00	pm (Español)
Wednesday							6:30 pm
Saturday						5∙00 r	nm (<i>Viail</i>)
Sunday		9	:00 am &	11:00	am, 2:00	pm (Español)
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CONFESSIONS

Tuesday		U. 11	
	Tuesday	/\/	5:00 pm (<i>Español</i>)
VVCUICOUAV			
Saturday 3:30 pm			

ADORATION OF THE MOST BLESSED SACRAMENT

Wednesday		5:00	pm - 6:15 pm
First Friday of Eac	h Month	9:00	am - 9:00 pm

PASTORAL CENTER 154 W. Government Ave. Norfolk, VA 23503

Phone: (757) 480-3433

Fax: (757) 480-8749

Website:

www.trinitynorfolk.org

E-mail:

office@trinitynorfolk.org

Office Hours:

Monday to Thursday: 8:30 am - 4:00 pm

> Friday: 8:30 am - Noon



Parish Prayer List

For the prayer intentions of our Holy Father for January:

Let us pray that the Holy Spirit helps us recognize the gift of different charisms within the Christian community, and to discover the richness of different ritual traditions in the heart of the Catholic Church.

Lord, hear our prayers for the souls of those who have faithfully departed in the past week.

Please pray for those in our parish who are sick and in need of comfort.

Roy Johnson	Michael Joseph
Evelyn Osborne	Francis Jerry
Sarah-Ann McCullum	John Parker
Leonardo Daquioag	Margrit Banta
Keith Rosdicski	Irene Webb
Dottie Johnson	Joann Jacobs
Erin Franklin Giddens	Scott Franz
Frank Godak	Carol Novisk
Jean Godak	Jeremy Ramey
Ava Gail Butler	Carol Vetter
Shirley Flanagan	Cathy Moody
David Spain	

Please contact the parish office if you know someone sick or in distress and in need of our prayer, or if you wish to have a special intention said at Mass. Mass stipend is \$10.00.

Prayer for Peace

Lord, make me an instrument of your peace:

where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.
Amen



Community Services

The St. Teresa Food Pantry is in need of the following canned items:

Cabbage, spinach, blackeye peas, carrots, potatoes, mixed vegetables, tomato sauce, pasta sauce, baked beans, black beans, chickpeas, navy beans, chili beans, northern beans, cannellini beans, lima beans, beets, and fruit cocktail.

For the month of December, in three weeks we served 665 people in 224 households. Sixty households are first time visitors.

In 2023, we helped 11 high schoolers complete 75 service hours.

To volunteer at the food pantry, go to: bit.ly/htfoodpantry

Parish volunteers are needed for:

food pantry work, vacuuming the church with a cordless vacuum, sanitizing worship aids, wiping down pews, sweeping classrooms, and watering indoor plants.

For more information or to volunteer serving our community and parish, please contact *Gina Bordeaux* at: (757) 541-2828 or g.bordeaux@trinitynorfolk.org



The Angelus & The Rosary

January is dedicated to the Holy Name of Jesus!

The Angelus and Rosary are prayed each Tuesday, Thursday, and Friday morning at 8:00 am in the church.

El Santo Rosario se celebra en Español los Martes a las 5:30 pm en la iglesia.

Come pray with us! ¡Ven y ora con nosotros!

Christian Formation

Eva Warner, Director of Religious Education 480-3433, ext. 221, or eva.warner@trinitynorfolk.org

CHRISTIAN FORMATION

Grades K - 5th
Sunday, January 7th, 2024
10:05 am to 10:55 am
in the Pastoral Center

EXSE

EDGE

Grades 6th - 8th
Sunday, January 7th, 2024
12:05 pm to 1:30 pm
in the Pastoral Center

Topic: Wise Guys - the Epiphany of the Lord

This afternoon the youth return to EDGE to learn about the Church's celebration of the Epiphany of the Lord. There will be an explanation of how Epiphany reminds us that the true meaning of Christmas, the Incarnation, extends beyond Christmas Day.



Información Sacramental Para Hispanos

Preparación para Bautismos.

La preparación para bautismo será el jueves 18 de enero. Catequesis para Padres y padrinos las 7:00 pm Centro Pastoral. Debe de inscribirse antes de la fecha.

Para más información contacte a *Lilly Miranda* al: (757) 831-9436



Aaron Hostetter, Youth Minister 480-3433, ext. 217, or a.hostetter@trinitynorfolk.org

LIFE TEEN (Grades 9th - 12th)

January 7th, Noon to 2:00 pm Life Teen takes place in the Pastoral Center

Confirmation Preparation:

The Confirmation preparation requirements for Catholic and public school students include: participation in the *Life Teen* program on Sundays, Noon to 2:00 pm; also, the two *mandatory* Confirmation "Super Saturday" retreat days in the Spring, **February 3rd and February 17th**.

Confirmation Mass: Friday, March 15th 7:00pm at St. Pius X Catholic Church (Norfolk).

Upcoming events:

Diocesan Youth Conference, February 9-11

DYC is a highly energetic, engaging, and unforgettable opportunity for our high school teenagers to gather as an entire Diocesan Church community in Richmond and celebrate the amazing richness of our Catholic faith with Bishop Knestout and youth from all over Virginia!

Cost: \$210
Final registration deadline TODAY: January 7th.

Summer Life Teen trips:

Life Teen Camp Covecrest (June 23-29) and Steubenville Youth Conference (July 11-14).

For more information, please visit our website at: trinitynorfolk.org/learn/life-teen



Sacramental Information Infant Baptism

Our next infant Baptism preparation meeting is: **THIS Sunday, January 7th at 2:30 pm**meeting in the Pastoral Center.

Please contact *Eva Warner* for more information.

This Week At Holy Trinity

Isaiah 60:1-6; Psalm 72:1-2, 7-8, 10-13; Ephesians 3:2-3a, 5-6; Saint Matthew 2:1-12

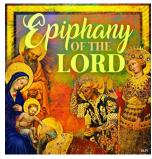
9:00 am Mass	Pastoral Center Church (<i>† Ernesto Viado, Sr.</i>) Pastoral Center		
Monday, 8 January • The Baptisi Isaiah 421:1-4, 6-7; Psalm 29: 1a, 2, 3a Saint Mark 1:7-11			
8:30 am Church Cleaning Ministry 1:00 pm - 3:00 pm			
Tuesday, 9 January <i>1 Samuel 1:9-20; 1 Samuel 2:1, 4-8; Sa</i>	int Mark 1:21-28		
8:30 am Mass 5:00 pm Confesiónes en Español 6:00 pm Misa en Español 7:00 pm Catequesis en Español	Church		
Wednesday, 10 January 1 Samuel 3:1-10, 19-20; Psalm 40:2, 5,	7-10; Saint Mark 1:29-39		
1:00 pm - 3:00 pm 5:00 pm Adoration & Confessions 6:30 pm MassChurc 7:15 pm RCIA	Church h (Josephine & † James Cole) Pastoral Center		
Thursday, 11 January 1 Samuel 4:1-11; Psalm 44:10-11, 14-1	15, 25-26; Saint Mark 1:40-45		
8:30 am Mass 9:00 am Senior Social			
Friday, 12 January 1 Samuel 8:4-7, 10-22a; Psalm 89:16-19; Saint Mark 2:1-12			
8:30 am Mass 1:00 pm - 3:00 pm			
Saturday, 13 January • Saint Hilary 1 Samuel 9:1-4, 17-19, 10:1a; Psalm 21:2-7; Saint Mark 2:13-17			
3:30 pm Confessions	Church		

Sunday, 14 January • Second Sunday in Ordinary Time

5:00 pm Vigil Mass Church († James Kennedy)

1 Samuel 3:3b-10, 19; Psalm 40:2, 4, 7-10;

1 Corinthians 6:13c-15a, 17-20; Saint John 1:35-42



The Epiphany of the Lord

Where am I truly at home? The feast of Epiphany has a lot to do with our notion of home.
Where is our origin? Where are we going? When is our wander-

ing done? Saint Matthew tells us of the Magi, "They were overjoyed at seeing the star." This star will bring them home, to a place where their questing will end, and they will be satisfied. Their real home is neither in the East nor in the earthly Jerusalem. Somehow, their home is wherever this boy and his parents are.

If you're a teenager or older, you probably know by now that every physical home we have is temporary. So, we look up at the countless stars in our proverbial skies: things which bedazzle and beckon us to follow toward peace. The Gospel invites us to behold that — at long last — God has sent us a star to follow home, one that whispers, "Follow me! I will take you home!" Perhaps that star is your spouse. A friend. An opportunity. A cause. An intuition about a new direction. A prayer group. What is it for you? How will you know? It will lead you to Mary and Joseph and their son, and you will be home. ©LPi



Epiphany House Blessing

"Chalking the Door" is a centuries old custom.

Christians gather on the feast of the Epiphany to ask God's blessing on their home. The head of the household leads a prayer and uses chalk blessed at the Mass to write above the entrance door of the house:

20 + C + M + B + 24

The "20" and the "24" refer to the year, the "+" symbolizes the cross of Christ and letters CMB are the initials of the magi: Caspar, Melchior, and Balthazar. They are also the initials of the Latin: "Christus Mansionem Benedicat" (May Christ bless the house)

Epiphany house blessing kits are available for Parishioners to take home. Once you have used the blessed chalk, please bury it, or bring it back to the church for proper disposal.

Around the Parish & Other Parish News



Sunday, January 21st, join us for the best breakfast in Ocean View!

From 9:00 am to 11:30 am, come enjoy our \$10.00 all you can eat breakfast buffet with omelets, fried eggs, pancakes and french toast available. We hope to see you and your family there!

If you are interested in learning more about Council 3548 and the Knights of Columbus, please visit our website at: ovknights.com



"Before I formed you in the womb I knew you, before you were born I dedicated you" ~ Jeremiah 1:5

Together we stand for the dignity of every human life, and especially the most vulnerable, the unborn.

Together we can make a difference.

Join in the National March for Life Washington, D.C., January 19th, 2024

The March for Life is an annual event, but pro-life education and advocacy is important all year long. Abortion is the most significant human rights abuse of our time. Will you take a stand today?



Parish Collections

December 26th to January 1st

- Plate/envelope \$10,860.69
- ⊕ Direct deposit \$10,279.44

Our parish offers a direct deposit service for parish giving. Please contact the office for more information. You may also give on-line at: trinitynorfolk.org/donate-online



Coming soon...

Millions of Monicas is a prayer ministry

for Catholic women where we, like Saint Monica, pray for our children to return to the practice of their Catholic faith. Learn more about this women's prayer group by visiting their website at: www.millionsofmonicas.com



All Seniors Welcome

If you are a senior and looking for a senior group that shares your faith — look no further! Holy Trinity is blessed to have an active and vibrant senior's group that meets each week.

If you are able, please come each Thursday beginning at 8:30 am for Holy Mass. The seniors, of our parish meet immediately following Mass in the Pastoral Center, gathering in fellowship, to share the faith, and break bread together.

There is no fee or registration required. Please contact the parish office for more information.



Holy Trinity Men's Fellowship

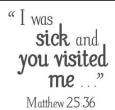
Come join us Saturday, January 13th, when we return for more *TMIY* and *Worthy of the Call*

Meeting in the Pastoral Center, from 7:00 am to 8:30 am, with breakfast and socializing at 6:30 am. For more information, please contact *Brad VanHorn* at: bradvanhorn@yahoo.com



Holy Trinity is on Facebook! Check us out at: www.facebook.com/holytrinitynorfolk

Around the Parish & Other Parish News



Ministry to the Sick and Homebound

Do you know someone who is homebound or hospitalized? Who

needs a visit, or to receive Holy Communion? We can bring the Church to people who cannot physically come to church.

Also, if you are visiting someone who is need of Ministry to the Sick and Homebound, we can discuss with you the ways that you, or another minister, can bring the comfort of Christ in the form of the Eucharist to those you are serving.

For more information, or to request assistance, please contact the parish office at: (757) 480-3433, or office@trinitynorfolk.org



Liturgical Ministry

Holy Trinity is blessed to have many of our parishioners involved in our liturgical ministries. More

help is needed though, and we are seeking those who may feel called to serve Christ and our parish as an Extraordinary Minister of Holy Communion, Lector, Mass Coordinator, or Altar Server.

For parishioners who are in full communion with the Church and are interested in serving at Mass as ministers, or those who have boys & girls ages 10-17 years old interested in altar serving, please contact *Brad VanHorn* at: 480-3433, ext. 220, or b.vanhorn@trinitynorfolk.org



Keep in touch and sign up at: new.flocknote.com/TrinityNorfolk

For more information check out our website: trinitynorfolk.org/keep-touch-holy-trinity



Gospel Quote:

"They were overjoyed at seeing the star, and on entering the house they saw the child with Mary his

mother. They prostrated themselves and did him homage. Then they opened their treasures and offered him gifts of gold, frankincense, and myrrh." ~ Matthew 2:10-11



Requests for Mass Intentions

Each Mass is offered for the parish and a special intention.

You may request Mass intentions for a person or family of your choice, such as a loved one, or someone who is sick or in need of prayers.

Mass intentions are included in the bulletin for the week of your intention. The Mass intention stipend is \$10.00. Please contact the parish office for further assistance.



St. Margaret Mary Alacoque

...whose feast day we celebrate January 12th,

was a French nun who had visions of Jesus and his Sacred Heart. According to her accounts, Jesus appeared to her and revealed his Sacred Heart, burning with love for humanity and instructed her to devote herself to adoration of the Eucharist every Thursday night during a holy hour which she immediately incorporated into her routine. He also instructed her to celebrate a new feast, the Feast of the Sacred Heart of Jesus. She devoted her life to promoting Eucharistic adoration and the Feast of the Sacred Heart. Her Thursday night holy hours are still a common practice among modern Catholics!